

| CITY SCHOOL DISTRICT OF ALBANY ATHLETICS | | | | |
|---|---------------------------|-------------|-------------|---|
| WEEK #1 PRACTICE/TRY-OUT SCHEDULE | | | | |
| LEVEL | SPORT | DATE | DAYS | TIME |
| FRESHMAN | BASKETBALL (BOYS) | 11/5 | MON | Tryout - Sign In 5-6:45PM / AHS M18 |
| | | 11/6 | TUES | 5-6:45PM - AHS |
| | | 11/7 | WED | 5-6:45PM - AHS |
| | | 11/8 | THURS | 5-6:45PM - AHS |
| | | 11/9 | FRI | 5-6:45PM - AHS |
| | | 11/10 | SAT | 12:30PM - 2PM - AHS |
| JV | BASKETBALL (BOYS) | 11/5 | MON | Tryout - Sign In 5:30PM / AHS M18 |
| | | 11/6 | TUES | 5:30-7:30PM |
| | | 11/7 | WED | 5:30-7:30PM |
| | | 11/8 | THURS | 5:30-7:30PM |
| | | 11/9 | FRI | 5:30-7:30PM |
| | | 11/10 | SAT | 2PM - 4PM - Practice AHS |
| VARSITY | BASKETBALL (BOYS) | 11/5 | MON | Tryout - Sign In 5:30-8:30PM / Myers MS |
| | | 11/6 | TUES | 6:30PM - 9PM / AHS |
| | | 11/7 | WED | 5:30-8:30PM / Myers MS |
| | | 11/8 | THURS | 7-9PM / AHS |
| | | 11/9 | FRI | 5:30-8:30PM / Myers MS |
| | | 11/10 | SAT | 9AM - 1PM / Practice Myers MS |
| JV, VARSITY | BASKETBALL (GIRLS) | 11/5 | MON | 3PM - 5:30PM - AHS |
| | | 11/6 | TUES | 3PM - 5:15PM - AHS |
| | | 11/7 | WED | 3PM - 5:15PM - AHS |
| | | 11/8 | THURS | 3PM - 5:15PM - AHS |
| | | 11/9 | FRI | 3PM - 5:15PM - AHS |
| | | 11/10 | SAT | 9AM - 12 Noon -Practice AHS |
| VARSITY | BOWLING (BOYS) | 11/5 | MON | 3PM - 5PM - Del Lanes |
| | | 11/6 | TUES | 3PM - 5PM - Del Lanes |
| | | 11/7 | WED | 3PM - 5PM - Del Lanes |
| | | 11/8 | THURS | 3PM - 5PM - Del Lanes |
| VARSITY | CHEER (GIRLS) | 11/5 | MON | 3:30PM - 5:30PM - Pine Hills |
| | | 11/6 | TUES | 10AM - 12PM - Pine Hills |
| | | 11/7 | WED | 3:30PM - 5:30PM - Pine Hills |
| | | 11/8 | THURS | 3:30PM - 4:30PM - Pine Hills |
| | | 11/9 | FRI | OFF |
| | | 11/10 | SAT | 8AM - 10AM - AHS |

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| Varsity | Indoor Track (Boys & Girls) | 11/5 | MON | 3PM - 5PM - AHS 1st Floor |
| | | 11/6 | TUES | 3PM - 5PM - AHS 1st Floor |
| | | 11/7 | WED | 3PM - 5PM - AHS 1st Floor |
| | | 11/8 | THURS | 3PM - 5PM - AHS 1st Floor |
| | | 11/9 | FRI | 3PM - 5PM - AHS 1st Floor |
| | | 11/10 | SAT | 8AM - 9:30AM - Washington Park |
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| Varsity | Swimming (Boys) | 11/5 | MON | 3:30PM - 5:30PM - AHS Pool |
| | | 11/6 | TUES | 3:30PM - 5:30PM - AHS Pool |
| | | 11/7 | WED | 3:30PM - 5:30PM - AHS Pool |
| | | 11/8 | THURS | 3:30PM - 5:30PM - AHS Pool |
| | | 11/9 | FRI | 3:30PM - 5:30PM - AHS Pool |
| | | 11/10 | SAT | 9AM - 11AM - AHS Pool |
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| Varsity | Wrestling (Boys) | 11/5 | MON | 3PM - 5:15PM - St. Catherine's |
| | | 11/6 | TUES | 3PM - 5:15PM - St. Catherine's |
| | | 11/7 | WED | 3PM - 5:15PM - St. Catherine's |
| | | 11/8 | THURS | 3PM - 5:15PM - St. Catherine's |
| | | 11/9 | FRI | 3PM - 5:15PM - St. Catherine's |
| | | 11/10 | SAT | TBD |
| | | | | |
| Varsity | Ice Hockey (Boys) | 11/5 | MON | 7:45PM Union College |
| | | 11/6 | TUES | 7:45PM Union College |
| | | 11/7 | WED | 7:45PM Union College |